

Abstract

Evidenzbasierte Osteopathie - Die Rolle standardisierter Befunddokumentation

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Vor dem Hintergrund der zunehmenden Forderungen nach Effektivitäts- und Effizienznachweisen für Therapieverfahren in der Patientenversorgung beschreibt der vorliegende Artikel, wie die „Basis der Evidenz“ für die Osteopathie über standardisierte Befunddokumentation geschaffen werden könnte, welche Bedingungen die Dokumentation erfüllen muss um multilokale Datensammlung zu ermöglichen und welche Art von Studien so denkbar werden. Die Bemühungen, die bereits unternommen wurden, um eine standardisierte Befunddokumentation zu ermöglichen, wurden anhand eines systematischen Literaturüberblicks erörtert. Die Ergebnisse zusammengefasst wurden in Amerika umfassende Bemühungen für eine einheitliche Nomenklatur und Terminologie sowie für eine standardisierte Untersuchung und Dokumentation unternommen. Auch in England gab es intensive Bestrebungen für eine standardisierte Datensammlung. In Deutschland hat das Thema einer standardisierten Befunddokumentation für die Osteopathie bisher wenig Beachtung erfahren. Die verschiedenen Systeme zur Dokumentation und Datensammlung und ihre Einsatzmöglichkeiten für Forschung und Statistik werden vorgestellt.

Abstract

Evidence based Osteopathy – the importance of standardized documentation

Daniel von Wrede

Facing the growing demands for evidence on effectivity and efficiency of treatment methods in healthcare this article describes how the “Evidence Base” for Osteopathy could be built with standardized data collected during the osteopathic examination, which conditions must be fulfilled by the documentation to enable a multi-site data collection, and which style of studies will be possible in this way. A systematic overview of Literature was undertaken to present the efforts made to enable a standardized data collection. Summarizing the results extensive efforts have been made to ensure a standardized nomenclature and terminology as well as standardized examination and documentation in America. Also in Great Britain standardized data collection has been intensively pursued. The topic of standardized data collection during osteopathic examination has been of little interest in Germany. The different systems for documentation and data collection are presented and their potential use for research and statistic is discussed.

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